

Best Possible Future

Write down your best possible future to get a boost in optimism about your career, making that best possible future more likely to come true.

In the spaces below, answer the questions about the aspects of your best possible future three years from now at work.

In your ideal world, three years from now, at work:

What projects are you working on?

Who are you working with?

What position do you hold?

What else is going on in your career that is contributing to your happiness and success?

Return to this activity at least once a year to boost your optimism about and further discover your ideal future; and to celebrate the progress you've made so far.